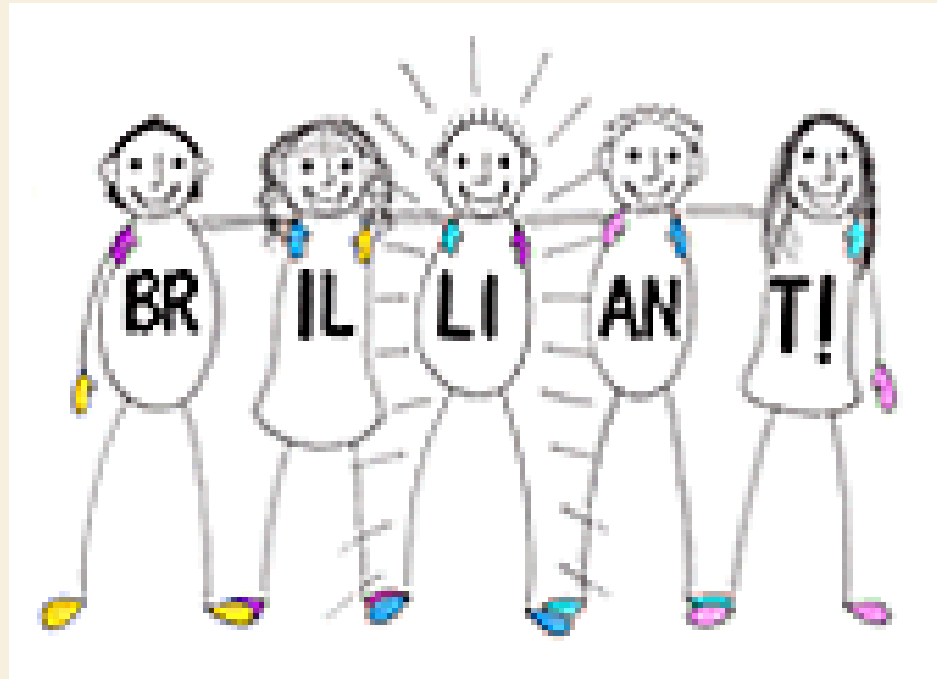




BE BRILLIANT DAY
MONDAY 25TH FEBRUARY 2019

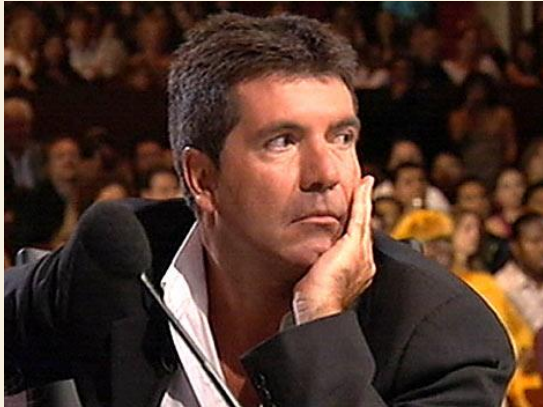
THE ART OF BEING *BRILLIANT*



2 %ERS



MOOD HOOVERS



1.

Choose to be
POSITIVE

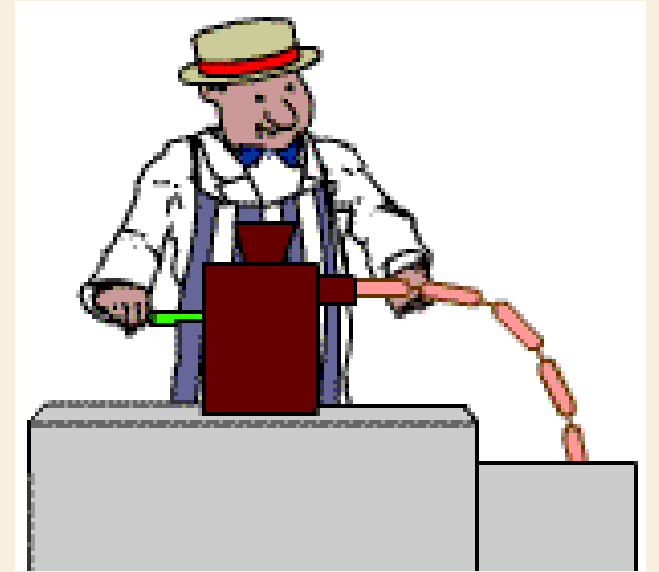


2.

Take personal RESPONSIBILITY

**LIFE'S A SAUSAGE MACHINE...
(THINK ABOUT WHAT YOU PUT IN,
TO GET WHAT YOU WANT OUT)**

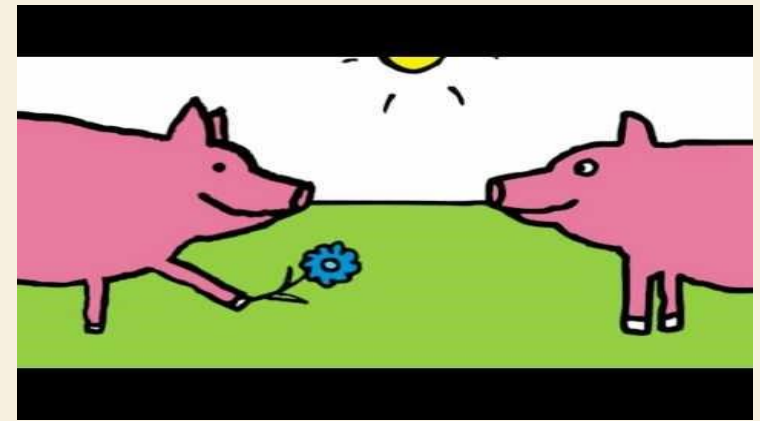
- If we wanted a vegetable sausage we would put vegetables in the sausage machine, if we wanted a pork sausage we would put pork in the sausage machine
- If we wanted a good day what would we put in the sausage machine? Positivity, helping others, our best work, smiling and so on.
- If we think about how we want our day to turn out, then we can visualise it and put the energy into creating it.



3. RANDOM ACTS OF KINDNESS

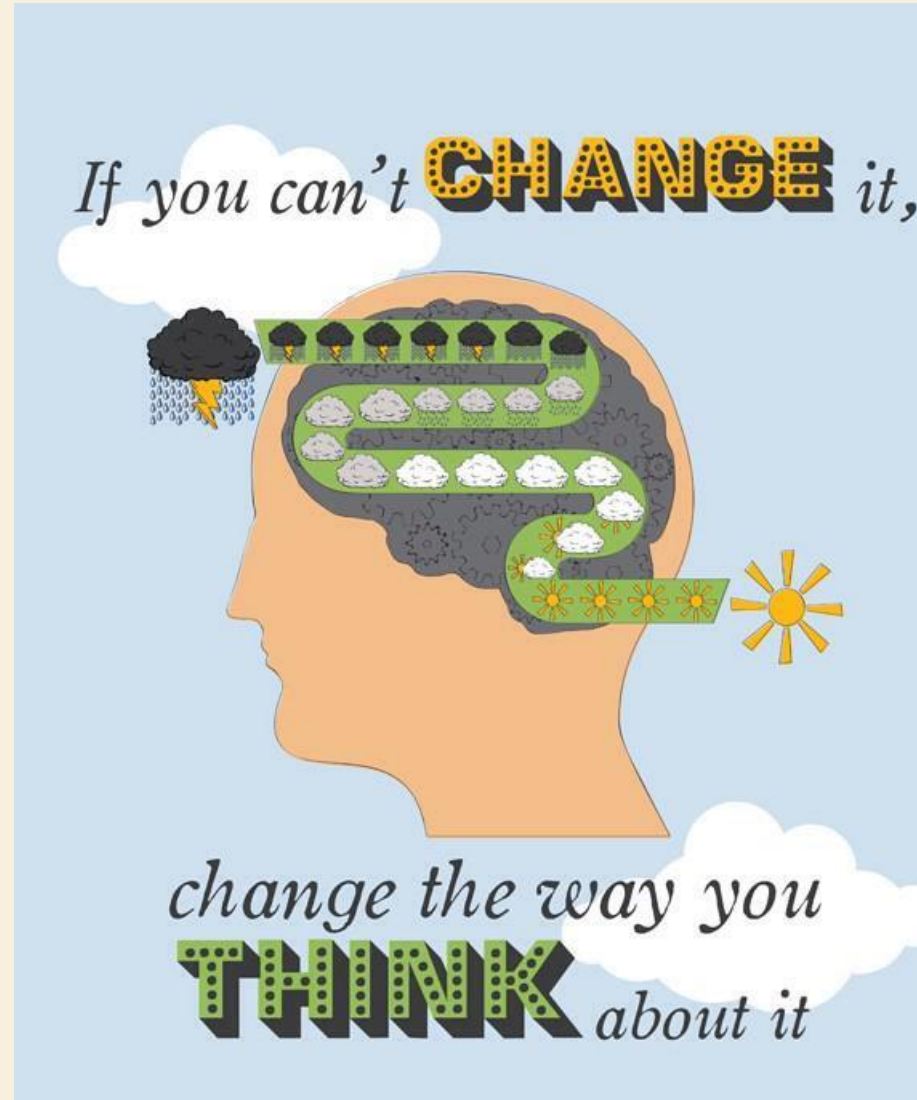


4. KNOW YOUR IMPACT



- One of the Super seven points of The Art of Being Brilliant is ‘ know your impact ‘.
- The pig decided to leak out happiness. We want to leak out happiness at Uplands and at home.
- We can do this by smiling at people, asking them how they are, being kind to others (not just our friends), by sharing and by doing acts of kindness such as helping out at home.
- We can have a positive effect on others depending on what we say or do, or we can have a negative one.
- It's down to us. Let happiness leak out.

5. BOUNCEBACKABILITY



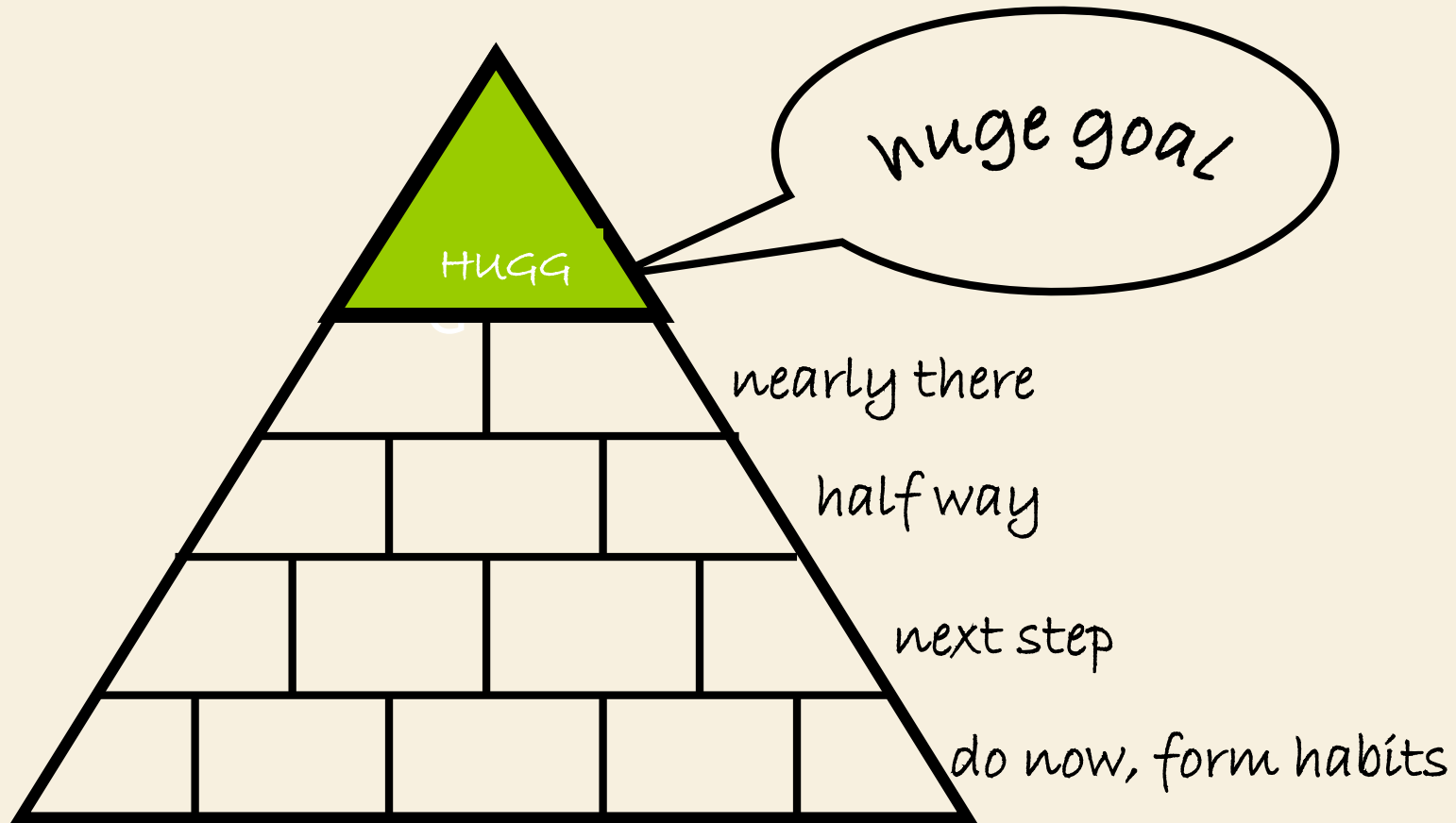
6. PLAY TO YOUR STRENGTHS



What are you good at?
Everyone is good at something...

7. HUGGS

(HUGE UNBELIEVABLY GREAT GOALS)

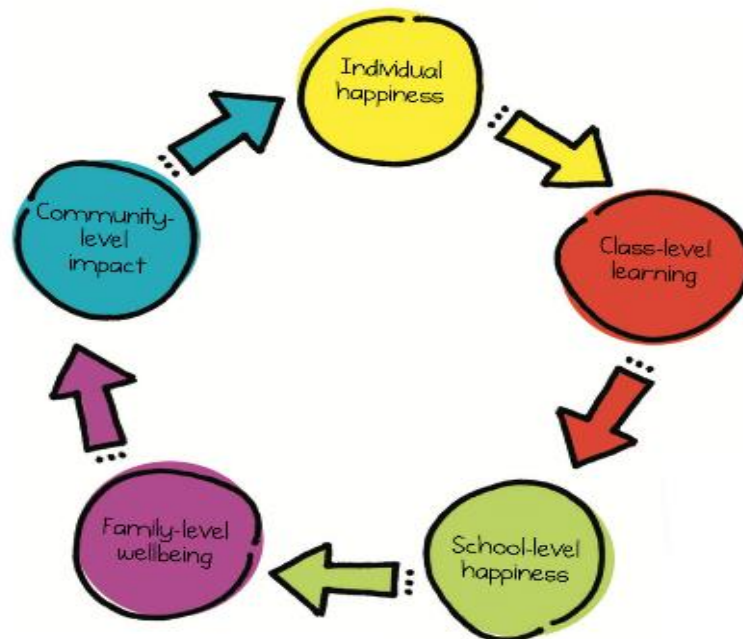


How to be brilliant

- 1. Choose to be positive**
- 2. Take personal responsibility
(think : sausage machine)**
- 3. Do random acts of kindness**
- 4. Understand your impact**
- 5. Have resilience**
- 6. Play to your strengths**
- 7. Set some HUGGs (huge goals)**

The INSPECTION AREA

We will support you and your children to focus on real, demonstrable impact in five key areas:



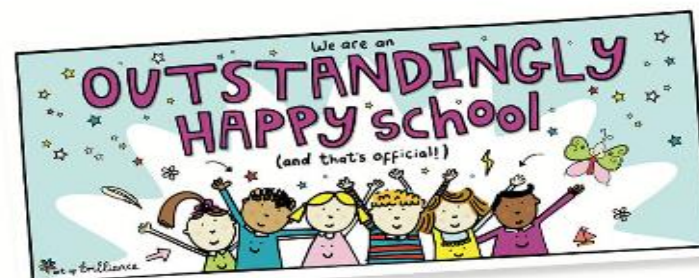
Individual: How have my actions made me happier?

Class: How have our actions improved our learning?

School: How has our positive approach made our school happier?

Family: How have we made a difference at home?

Community: What have we done to lift our community?



← Tada!

SO....WHAT'S GOING IN YOUR SAUSAGE MACHINE TODAY?

